

# The 2<sup>nd</sup> Annual West Virginia Bicycle Summit

September 24-25<sup>th</sup>, 2017 in Morgantown, West Virginia



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## Sunday Conference Schedule-At-A-Glance

Sunday, September 24th			
Noon-2:30p	Long-Distance, <b>Recreational Ride Choice</b> : Road, Rail Trail, or Mountain		
3:00p-4:00p	Registration 3-6:30pm	Exhibitor Setup 3-5pm	Local <b>Education Tour</b> : Leisure Ride w/ Seven Stops 3-4:30pm
4:00p-5:00p			
5:00p-6:00p		<b>Reception and Exhibits</b>	
6:00p-6:30p			
6:30p-8:00p	<b>Evening Plenary Panel</b> : Building a Bicycle-Friendly WV – The 5 E's		

### Sunday Session Details

**Long Distance, Recreational Rides:** Meet behind the hotel on the rail trail for one of three offerings:

1. A hardy road ride of ~20 miles to Mt. Morris with a stop at Rising Creek Café
2. A leisurely rail-trail ride of ~20 miles to Masontown
3. A fast mountain bike ride to and around White Park

### Local Education Tour

A slow ride beginning and ending at the Marriott. With seven stops and more than ten speakers, hear from local organizations on topics such as: **community bike shops** with **Positive Spin**, trail connections and other **infrastructure improvements** with local engineers, volunteer-run mountain bike trail development in local parks, **bicycle patrol** with local police, **wayfinding signage**, **K-12 bicycle clubs** with local educators, the role of for-profit shops in the promotion of **cycling culture**, and creative examples of **short- and long-term bicycle storage and parking**.

### Sunday Evening Plenary: Building a Bicycle-Friendly WV – the 5 E's of Bike Friendliness

Moderated by **Christiaan Abildso**, **WVU Professor of Public Health**. This panel will include a variety of influential West Virginia individuals and groups working to promote cycling in the mountain state. Hear from **Phil Waidner** of the **Bechtel Summit Scouting Center**, **Norm Montalto** of **Highmark WV**, **Gabe Roush**, a city councilor from **Point Pleasant**, **Ella Belling** of the **Mon River Trails Conservancy**, and **Drew Gatlin** of the **Morgantown Bike Board**.



Register Now!

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# Monday Conference Schedule-At-A-Glance

Monday, September 25th		
	Engineering / Design	Planning & Funding
7:00a-9:00a	Networking until plenary Breakfast until 9am // Registration open all morning	
8:00a-9:20a	<b>Opening Plenary: Defining the Vision</b> What is Possible? What is our mandate? <i>Featuring: WV Transportation Secretary <b>Tom Smith</b> and Adventure Cycling Association's <b>Ginny Sullivan!</b></i>	
9:30a-10:20a	The FHWA STAR Guide, hosted by <b>Steve Bzomowski</b> from <b>ALTA Engineering &amp; Design</b> Principles, Local Case-Studies, a Panel of Seasoned Experts, and an <i>Interactive Design Exercise</i>	Leveraging Your Planning Resources: MPOs & RPDCs
10:30a-11:20a		Organize Your Community: <b>BikePittsburgh</b> Workshops Their Bike/Ped Committee Toolkit
11:30a-12:20p		Policy: Reinforcing Our Theories via Practicable Code with <b>Ginny Sullivan</b>
12:30-1:45p	Lunch from 12:30-1:00, Speakers begin at 1:00 <b>Afternoon Plenary</b> featuring speakers from <b>AARP</b> and <b>Dr. Norman Montalto</b> from <b>WV Highmark!</b>	
2:00p-2:50p	FHWA Resurfacing Report: Eastern Panhandle Road Diet Presented by <b>Nick Ross</b> of <b>HDR</b>	<b>Funding Opportunities:</b> Best Practices to Build and Sell Your Project and... When, Where, & How to Win Grants, hosted by <b>Kent Spellman</b>
3:00p-3:50p	<i>Worked for Me:</i> Maryland and Pennsylvania Bicycle and Pedestrian Programs, hosted by <b>Matt Mullenax</b>	

## Monday Session Details

### Opening Plenary – Defining the Vision. What’s Possible? What Is Our Mandate?

- Keynote addresses to motivate and inspire, delivered by successful national and state speakers
  - o **Dennis Strawn**, President, **West Virginia Connecting communities** – Overview
  - o **Paul Brake**, City Manager, **Morgantown** – Welcome from the City
  - o **Tom Smith**, **Transportation Secretary of West Virginia** – Keynote
  - o **Virginia (Ginny) Sullivan**, Director of Travel Initiatives, **Adventure Cycling Association** – Keynote

### Afternoon Plenary – Where We Are in Health and Implementation?

- Keynote addresses to underline our current position
  - o **Dr. Norman Montalto**, **Highmark WV** – The Status of Public Health in WV
  - o (TBD), **AARP** – What’s Up with Complete Streets?

~Session Details Continued On Next Page~

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## Track 1: Engineering + Design

### **Continuing Education: The FHWA STAR Guide**

Hosted by **Steve Bzomowski** of **Alta Planning + Design**. A two-and-a-half-hour workshop focused on the recent FHWA report: *Small Town and Rural Multimodal Networks* (FHWA-HEP-17-024). Geared towards the practicing engineer / planner or the professional liaison, this multi-hour session will include best practices gleaned from real-world projects both within and beyond our state: hear from Alta and other experienced practitioners from the consulting, research, and regulatory worlds. Participants will solve typology design issues for theoretical case studies using these new principles.

### **Continuing Education: FHWA Resurfacing Report**

**Nicholas Ross** of **HDR** will present a detailed case study of a successful eastern panhandle road diet in the context of the recent FHWA Report: *Incorporating On-Road Bicycle Networks into Resurfacing Projects* (FHWA-HEP-16-025). An emphasis will be placed on the sequencing of new facilities with existing investments and routine maintenance.

### **Worked for Me: Neighboring State Bicycle & Pedestrian Programs**

Moderated by **Matt Mullenax** of the **Hagerstown/Eastern Panhandle MPO**. Hear presentations by **Peter Sotherland** of the **Maryland DOT** on “Cycle Maryland Programs” and **Angela Watson** of the Pennsylvania DOT on *Priority Bicycle Networks* and Bicycle Occupancy Permit (BOP) pilot programs that allow local governments to build, sign, and maintain bicycle facilities on stated-owned roads.

## Track 2: Planning + Funding

### **Leveraging Your Planning Resources: MPOs & RPDCs**

Facilitated by **Chandra Inglis-Smith** from **FHWA**. Panel Members will include **Steve Thomas** of the **Hagerstown/Eastern Panhandle MPO**, **Jing Zhang** of the **Morgantown Monongalia MPO**, **Tracy Brown** of the **Wood-Washington-Wirt Interstate Planning Commission**, and **Jody Sigmon** of the **Kentucky-Ohio-West Virginia Interstate Planning Commission**. Participants will learn about effective use of community surveys, project prioritization, and best practices in regional bike plans. Learn about grant assistance / administration services and road safety audit resources.

### **Organize Your Community: Workshopping the BikePGH Bike/Ped Committee Toolkit**

Hosted by **Eric Boerer** from **Bike Pittsburgh**, this session will walk participants through a toolkit aimed at developing autonomy and agency in their own communities. Participants will also hear lessons learned from West Virginia groups.

### **Policy: Reinforcing Our Theories via Practicable Code**

Conversations facilitated by **Ginny Sullivan** of the **Adventure Cycling Association**. How can our municipal and state codes be updated to reflect our efforts on the ground?

### **Funding Opportunities**

Facilitated by **Kent Spellman**. This multi-hour session will start with a panel discussion between grantors and grantees aimed at highlighting the structure and timelines behind successful projects. Participants will gain an insider’s perspective of how to tackle funding opportunities for nonprofit and governmental municipal, regional, and statewide projects. The panel will transition into a detailed workshop design to help attendees map and collaborate on typical and alternative funding streams and grant programs.



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